



COMMUNITY ACTION ON CLIMATE CHANGE



## Session 1: Action at all levels

At home task to be completed after Session 1 in preparation for Session 2. This task aims to get you thinking about the different levels of action that need to be taken to enable a specific change. You will need the results from calculating your carbon footprint in order to do this activity.

Step 1: Which was the largest area of your carbon footprint? (e.g. travel)

Step 2: Choose one activity that you would like to change in order to reduce the carbon footprint of this area (e.g. start cycling to work)

Step 3: Now think about why it is that you don't do this already. Is it because it takes too much time? Because the infrastructure isn't in place? Because it's costly? Write down everything you can think of in the following box:

Step 4: Finally, think about what would need to be put in place at all the levels outlined below. What would need to be done at each level in order to enable general uptake of this activity?

<b>Individual</b> <i>(e.g. making a goal to cycle to work 3 days a week)</i>	<b>Community</b> <i>(e.g. bike buddying schemes, free cycle training)</i>	<b>Corporate</b> <i>(e.g. safe storage for bikes and shower facilities at work)</i>	<b>National</b> <i>(e.g. campaigns to promote cycling)</i>	<b>International</b> <i>(if appropriate)</i>