

Easy Wins

for a Comfortable Greener Home



At no cost

Saving on winter heating

Wear a jumper & turn down the thermostat
Turn down radiators in unused rooms
Turn heating off half an hour before bed
Don't let curtains hang in front of radiators
Keep heat in - close all windows in winter

Saving electricity

Dry clothes outdoors
Turn lights off when not in use
Fill the kettle with just enough water
Run the dishwasher only when it is full
Run the washing machine only with full loads
Turn off the TV when no one is watching
Set the washing machine to wash at 30°C

Saving on cooking

Use the oven less and fill it up more
Put lids on saucepans and simmer gently

Saving on hot water

Don't leave the hot tap running
Have a quick shower instead of a bath
Lower the thermostat for hot water:
Hot water tank: down to 60°C
Combi: so you don't need to mix it with cold

When buying new appliances,

Choose A in the new A to G energy ratings
Fridges, Freezers & TVs: as small as you can

DIY or Handyman Jobs

Draughts

Search for draughts on a windy day
Draught-strip external doors & windows
Block any unused chimneys (NOT gas fires!)
Improve letterbox sealing

Radiators

Fit foil behind radiators on external walls
Turn them down. Set the controls cleverly
Fix shelves above these radiators
Adjust curtains to seal windows, not covering radiators

Windows

Fit secondary glazing on single-glazed windows
Shade sunny windows to be cooler in summer

Insulation

Insulate hot water pipes
Check your loft insulation is 300mm thick
Top up loft insulation (if safe!)
Check if your walls need cavity insulation
Insulate on the inside of sloping ceilings

Other jobs

Fit energy-efficient light bulbs
Put up or extend an outdoor clothesline
Move fridge, freezer to coolest possible place, checking manual for minimum temperature
Check appliances are adjusted & maintained.

For deeper retrofits, get help with a [Whole House Plan](#), for the right improvements and right order

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