

Quick Wins

for a Comfortable Greener Home



At no cost

Saving on winter heating

- Wear a jumper & turn down the thermostat
- Turn down radiators in unused rooms
- Turn heating off half an hour before bed
- Don't let curtains hang in front of radiators
- Keep heat in - close all windows in winter

Saving electricity

- Dry clothes outdoors
- Turn lights off when not in use
- Fill the kettle with just enough water
- Run the dishwasher only when it is full
- Run the washing machine only with full loads
- Turn off the TV when no one is watching
- Set the washing machine to wash at 30°C

Saving on cooking

- Use the oven less and fill it up more
- Put lids on saucepans and simmer gently

Saving on hot water

- Don't leave the hot tap running
- Have a quick shower instead of a bath
- Lower the thermostat for hot water:
 - Hot water tank:* down to 60°C
 - Combi:* so you don't need to mix it with cold

When buying new appliances,

- Choose A in the new A to G energy ratings
- Fridges, Freezers & TVs: as small as you can

DIY or Handyman Jobs

Draughts

- Search for draughts on a windy day
- Draught-strip external doors & windows
- Block any unused chimneys (NOT gas fires!)
- Improve letterbox sealing

Radiators

- Fit foil behind radiators on external walls
- Turn them down. Set the controls cleverly
- Fix shelves above these radiators
- Adjust curtains to seal windows, not covering radiators

Windows

- Fit secondary glazing on single-glazed windows
- Shade sunny windows to be cooler in summer

Insulation

- Insulate hot water pipes
- Check your loft insulation is 300mm thick
- Top up loft insulation (if safe!)
- Check if your walls need cavity insulation
- Insulate on the inside of sloping ceilings

Other jobs

- Fit energy-efficient light bulbs
- Put up or extend an outdoor clothesline
- Move fridge, freezer to coolest possible place, checking manual for minimum temperature
- Check appliances are adjusted & maintained.

For deeper retrofits, get help with a [Whole House Plan](#), for the right improvements and right order

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