

warm homes

Saving energy at no cost

- H** high energy saving
- M** medium energy saving
- L** low energy saving

Saving on heating energy

- H** Wear a jumper and turn down the thermostat
- H** Don't let curtains hang in front of radiators
- M** Turn down radiators in unused rooms and close the doors
- M** Turn heating off half an hour before going to bed
- M** Keep heat in by closing all windows



Saving on hot water energy

- M** Don't leave the hot tap running while washing up
- M** Lower the thermostat for instant hot water to just the temperature needed
- L** Turn the thermostat on the hot water tank down to 60°C
- L** Have a quick shower instead of a bath



Saving on cooking energy

- L** Use the oven less and fill it up more
- L** Put lids on saucepans to keep heat in



Saving electricity

- H** Dry clothes outdoors
- H** Fit energy saving light bulbs, especially ones you use a lot
- M** Turn lights off when not in use
- M** Fill the kettle with just enough water
- M** Run the dishwasher only when it is full
- L** Run the washing machine only when you have a full load
- L** Turn off the TV when no one is watching
- L** Set the washing machine to wash at 40°C or 30°C (but run a high temperature wash every few months to keep the drum clean)
- L** When buying new appliances, buy as small as you can – especially for fridges, freezers and TVs
- L** When buying new appliances, check the energy ratings and choose the most efficient

